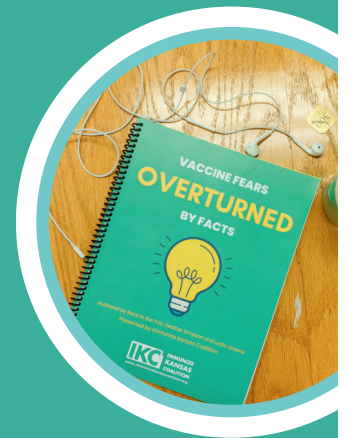


# Do COVID-19 vaccines contain harmful ingredients?

**No.**

Nearly all of the COVID-19 vaccine ingredients are also ingredients in many foods – fats, sugars, and salts.



Learn more  
on this topic!



View the  
booklet

